

## The Shankle-Amen Early Dementia Detection Questionnaire

Severity	Progression	Brain Area Involved
Yes, present now	A lot worse than 10 years ago	<b>TEMPORAL LOBE QUESTIONS</b>
		Is there frequent difficulty remembering appointments?
		Is there frequent difficulty remembering holidays or special occasions such as birthdays or weddings?
		Is there frequent difficulty remembering to take medications or supplements?
		Is there frequent difficulty finding the right words during conversations or retrieving the names of things?
		Are there frequent episodes of irritability, anger, aggression, or a "short fuse" for little or no reason?
		Are there frequent episodes of suspiciousness, paranoia, or hypersensitivity without a clear explanation or reason why?
		Is there frequent tendency to misinterpret what one hears, reads or experiences?
		<b>Temporal Severity and Progression Totals</b> (add up to the total number of checks for this section in each column)

## The Shankle-Amen Early Dementia Detection Questionnaire

Severity	Progression	
Yes, present now	A lot worse than 10 years ago	<b>FRONTAL LOBE QUESTIONS</b>
		Is there frequent difficulty recalling events that occurred a long time ago?
		Is there frequent difficulty with judgments, such as knowing how much food to buy?
		Is there frequent difficulty thinking things through (reasoning)?
		Is there frequent difficulty handling finances or routine affairs that use to be done without difficulty?
		Is there frequent trouble sustaining attention in routine situations (e.g., chores, paperwork)?
		Is there frequent difficulty finishing chores, tasks, or other activities?
		Is there frequent difficulty with organizing and planning things?
		Are there frequent feelings of boredom, loss of interest, or low motivation to do things that were previously enjoyed?
		Is there frequent tendency to act impulsively, such as saying or doing things without thinking first?
		<b>Frontal Lobe Progression and Severity Totals</b> (add up the total number of checks for this section in each column)

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Severity	Progression	
Yes, present now	A lot worse than 10 years ago	<b>PARIETAL LOBE QUESTIONS</b>
		Are there frequent wrong turns or episodes of getting lost traveling to well known places (direction sense)?
		Are there frequent problems judging where you are in relationship to objects around you (for example, bumping into things in the dark, familiar room)?
		Is there frequently a problem recognizing objects just by their feel?
		Are left and right often confused?
		Is there frequent trouble learning a new task or skill?
		<b>Parietal Lobe Progression and Severity Totals</b> (add up the total number of checks for this section in each column)
		<b>Total Progression and Severity Scores</b>

# The Shankle-Amen Early Dementia Detection Questionnaire

## Brain Area Questions

Place a check mark in the columns corresponding to the questions that apply to you or the person you are evaluating.

## Interpretation

1. Add up your scores in each area and use the key that follows to determine their meaning.
2. Severity Score: defined as the number of abilities or behaviors where there is frequent difficulty. The Severity Score is the number of check marks in the left column.  
Severity Score: \_\_\_\_\_
3. Progression Score: defined as the number of abilities or behaviors that are a lot worse than 10 years ago. The progression score is the number of checkmarks in the right column.  
Progression Score: \_\_\_\_\_

## Interpreting the Severity and Progression Scores

1. If both the severity score and the progression score are 0, then there does not seem to be a problem.
2. If the severity score is 1 or the progression score is 1 and neither of them are 2 or higher, then there may be a very early stage problem or this could be normal aging. If you or others have concerns about a problem, then proceed with further testing, such as suggested in Appendix A. Evaluation for depression should also be done if there is any sad mood or loss of motivation.
3. If either the severity or the progression score is 2 or higher, then the chance of cognitive impairment or dementia is higher. This situation should be further evaluated with the tests described in Appendix A. Evaluation for depression should also be done if there is any sad mood or loss of motivation.